Community-Led Complementary Feeding and Learning Sessions

An integrated peer-to-peer support approach to prevent undernutrition
What is CCFLS?

• Peer-to-peer approach
• Locally produced, nutrient rich crops
• Dietary diversity
• Proper food processing, preparation and preservation
What is CCFLS?

- Optimal infant and young child feeding, care & hygiene practices
- Essential Nutrition Actions
- Farmers
- Saving Groups
Integration

• **Agriculture**: increased production of nutrient crops, access to diverse seeds.

• **Male Involvement**: father’s day, promotion of father engagement on child feeding.

• **Health**: coordination with health facilities for referral.

• **Relevant Ministries**: coordination with water sector,
When to use CCLFS

- Multi-sectoral project
- WAZ indicator
- MUAC indicator
- Recuperative services are available
How?

• Identification
• Caregivers grouped
• Cooking together
• Active and responsive feeding
• Systematic home visits to motivate and support behavior change
• Multi-sectoral coordination
Monitoring

- Mawa Nutrition Volunteer: support counseling
- Mawa CCFLS application: support monitoring
Overview of Mobile Applications

Health Promoters

Nutrition Volunteers (10 per HP)

Households (10 per NV)

CCFLS app

NV app
Results

• Children gain weight average over 400 gr after 12 days.
• Children continue gaining weight after six months.
• Caregivers adopt new practices.
• Caregiver is less concerned with illness.
• Mobile application developed to support counseling, training, reinforcement and monitoring.
Thank you